

## MUSICAL NOTE VALUES

### WHOLE NOTE = 4 BEATS

Clap on 1 and HOLD your hands together for numbers 2, 3 and 4

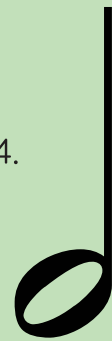
1 - 2 - 3 - 4 -  
CLAP HOLD →



### WHOLE NOTE = 2 BEATS

CLAP on 1 and HOLD your hands together for number 2. Then CLAP on 3 and HOLD your hands together for number 4.

1 - 2 - 3 - 4 -  
CLAP HOLD CLAP HOLD



### QUARTER NOTE = 1 BEAT

Clap on EVERY number which is the same as CLAPPING on EVERY beat.

1 - 2 - 3 - 4 -  
CLAP CLAP CLAP CLAP



### EIGHTH NOTE = 1/2 BEAT

Say the word "AND" after EVERY number. Then CLAP on EVERY number and CLAP on EVERY AND.

1 AND 2 AND 3 AND 4 AND  
CLAP CLAP CLAP CLAP CLAP CLAP CLAP CLAP

